

Gas Heater Precautions

When cases of carbon monoxide poisoning occur that are caused by fumes given off by defective heaters, the importance of properly vented gas heating units is highlighted. Such incidents always increase in number during the cold months of the year.

The State Housing Act of 1951 made the operation of unvented gas heaters in all living units within the cities of Los Angeles County contrary to law. Landlords then became criminally responsible if a tenant met death through the operation of such a heater.

In September of last year, the new County Ordinance incorporated the regulations contained in the Housing Act and extended the requirements for the venting of gas heaters to the unincorporated area and to single dwellings as well as multiple units (apartments, flats, motels, and so forth).

Cases of gas poisoning that are caused by improperly operating gas appliances are unnecessary, since all such equipment can easily be checked for safe burning characteristics before use. This service may be obtained from the various gas companies or from a local gas appliance store.

It is especially important to

have this examination made if the heater happens to be second hand or has been in storage for the summer months. Forced air heaters and other vented units that heat with gas should also be maintained properly in order to remain safe.

At the same time, any existing vent can be checked for blockage or leakage and a check also made to ascertain whether or not the heater is vented to the outside as it should be and not to another room or the attic.

The back panel of forced air units, when opened to change the filter or for any other reason, should be securely fastened in place prior to re-use of the unit.

Although unvented heaters are most often the cause of gas poisoning fatalities, they occasionally occur in the case of vented heaters when the vent is not functioning properly or is not vented to the outdoors.

FIRST SYMPTOM

As a rule, the first symptoms of carbon monoxide poisoning consist of headache, a feeling of grogginess, and a shortness of breath on exertion. When such symptoms are noticed in circumstances which point to the possibility of carbon monoxide hazard, the air of the room should be immediately freshened.

Although carbon monoxide gas poisoning may occur from a number of sources, including car exhaust, the greatest danger is the unvented gas heater in dwelling units. Any open-faced heaters, vented or unvented, should be replaced with heaters approved by the AGA (American Gas Association) for vented use, and vented to the outside air according to the requirements of the local building department.

—ROY O. GILBERT, M.D.

COMING AND GOING
Robert B. Carleson, former senior administrative assistant for the city of Torrance, Tuesday evening received a plaque from the City Council for outstanding service to the community. Carleson has accepted a position as city administrator at San Dimas.

Plaque was presented by Councilman Nickolas Drale. Carleson will be replaced by John Bramhall, 36, former city of Pomona administrative assistant.

Use classified ads for quick results. Phone DA 5-1515.

South Bay Youth Forming Teenage Republican Club

Announcement was received this week from Mike Nason, chairman of L.A. county "Youth for Nixon," and representing the South Bay Teenage Republican clubs that the South Bay Young Republicans were interested in forming a unit in the South Bay area.

Bob Lewis and Pete Burright called on Nason to assist them in the formation of TAR clubs in Torrance, Redondo, Hermosa, and Manhattan Beaches plus Palos Verdes, Ingelwood, and El Segundo.

Announcement of presidents for the South Bay clubs will be announced within a week to ten days after the organizing committee meets this week.

Fish Important In Balanced Diet

Fish has been selected as an appropriate food for main dishes because of the importance of fish in a balanced diet. These fish filets are an excellent source of protein and contain only moderate amounts of fat. The fat, like the fat in all fish, is unsaturated. When fish is prepared with Mazola margarine, as suggested here, it becomes a dish with exceptional nutritional benefits.

Baked Stuffed Fillets
6 flounder or sole filets
6 tablespoons Mazola corn oil margarine
1½ tablespoons minced onion
1½ cups dry bread crumbs
¼ cup coarsely chopped parsley
Cut filets in half lengthwise. Saute onion in 3 tablespoons corn oil margarine until golden brown. Toss onion mixture with 1 cup crumbs. Mix in parsley. Spoon mixture onto halved filets and pat down. Roll lengthwise and fasten with a wooden pick.

Melt remaining 3 tablespoons margarine and brush top and sides generously with it. Roll filets in crumbs. Place upright on greased flat pan. Bake in moderate oven (350 deg. F.) 20 to 30 minutes or until flakes easily with a fork. Garnish with lemon and parsley. Makes 6 servings.

Use classified. Call DA 5-1515

'Vikings' Defeat 'Bears' in Peewee League Skirmish

Vikings, in the peewee division of the Pop Warner League scored three touchdowns last week to defeat the Westchester "Bears" 20 to 6.

In spite of the heavy downpour of rain, George Ray scored twice for the "Vikings" on runs of seven yards and 55 yards. Ronald Stone scored the other touchdown on a five yard run. PAT's were scored by Ronald Stone and Michael Martin.

The "Bears" hit the scoreboard in the final quarter with a 3 yard run by Skip Jones.

"Chargers," midget division, were entertained by the Palos Verdes "Crusaders" Sunday at Malaga Cove School. The underdog "Chargers" threw a scare into the undefeated "Crusaders" by holding them to a 2 to 0 halftime score.

Capitalizing on a blocked punt and two fumbles the "Crusaders" scored three touchdowns in the third period. Bill Berich grabbed the ball after a blocked punt and crossed the goal line from six yards out. Conversion by Larry Snyder.

Gary Fulton scored the second touchdown on a 21 yard reverse. Bill Tapp scored the final third period touchdown on a 14 yard run. Snyder scored the first fourth period score on a six yard line punge. The fifth and final touchdown came on a 18 yard run by Phil Smyth. Conversion on a pass to Fulton from Cmyth. Final score 34 to 0. "Vikings" are hoping to schedule a final home game for Sunday December 4. The "Chargers" wind up their first season of football by hosting the West Covina "Lobos" at WALTERIA Park Sunday December 4. Game time 3 p.m.

Games Summaries:
Bears, 0 0 0 6—6; Vikings, 7 7 0 6—20; Chargers, 0 0 0 0—0; Crusaders, 0 2 19 13—34.

Warrior Matmen 1-Point Favorites For Friday Meet

El Camino College wrestlers were installed as a one-point favorite for the opening of their Southern California JC Conference dual meet season against defending champion San Bernardino Valley College, Friday at 4 p.m. on the San Bernardino mats.

Paced by six former California state JC champs, El Camino College alumni edged the current El Camino varsity 19-18 in a sensational seesaw battle that was climaxed when Pacific Coast Inter-Collegiate Champ of Long Beach State, Dick Keelor, of the alumni defeated the varsity's Sam Mauss 9-3 before a record crowd of 539 Friday night in the Women's Gym.

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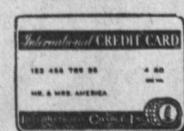
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